

Pretty Terrific Kids Series

**Teachers Guide:
Suggested Responses**

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Teachers Guide:

Discussion Questions/Suggested Responses

Book 1: A Kick in the Right Direction

**Feel free to further elaborate on any of the questions!

- 1.** Can Kevin play games even though he has a prosthetic?
 - Yes, there are many ways to play. Just because he has a prosthetic doesn't mean he can't play like everyone else. Kevin just has to try different games which is ok!
(There are many other games that Kevin can play with friends.)
- 2.** Why did Kevin feel left out? Have you ever felt left out?
 - Kevin was not able to play the same games as his friends which made him feel sad because he did not feel included.
- 3.** In the story, Kevin decides to tell his friends how he feels. Do you think that was a good idea? Why?
 - Yes, this was a good idea because he was able to explain to his friends that he was feeling left out and they were able to help him feel included. Talking with your friends about something that is bothering you could help to keep anyone from feeling left out.
- 4.** What could you do if someone told you they felt left out while playing?
 - Apologize to that friend and let them know that you did not mean to make them feel that way, and try asking them what game they would like to play.
- 5.** What could you do if you felt left out while playing with your friends?
 - You could speak to your friends and tell them how you are feeling. You could then try to find different solutions so that everyone can feel included and no one will feel left out.

Book 2: Anything is Paw-sible

**Feel free to further elaborate on any of the questions!

1. What was Pablo experiencing before the talent show?
 - He was feeling nervous, like he couldn't breathe, he had racing thoughts, his head was feeling heavy, there were butterflies in his belly, and he had an overall uneasy feeling about performing in front of the large crowd.
2. What makes Pablo feel able to get up on stage?
 - Maggie and Timmy encouraged Pablo. He felt that he was no longer alone and being with friends while walking through something scary together gave him the strength to face his fears.
3. Do you know what social anxiety is, and how would you support somebody experiencing this disorder?
 - Social anxiety is an intense and persistent fear about or during a social interaction. You could help somebody who struggles with social anxiety by assuring them that they are not alone, like Timmy did in the story.
4. Although you may not have an anxiety disorder, it is normal to feel fear. Have you ever felt scared or nervous? How do you make yourself feel better when you feel that way?
 - Although they might not have Social Anxiety Disorder, it can be helpful to brainstorm with students about when they get nervous so they can better connect with Pablo.

Book 3: A Sound Decision

**Feel free to further elaborate on any of the questions!

1. How does Thea feel when she gets invited to Kevin's Birthday Party?
 - Thea was happy and very excited that she was invited to Kevin's party !
2. What happens when Thea gets to the arcade and notices how loud it is and how bright the lights are?
 - Thea feels overstimulated and overwhelmed by her surroundings. She has Sensory Processing Disorder which causes these reactions.
3. What did Kevin do to make Thea feel included?
 - Kevin plays with Thea in the sensory room until she is ready to leave. Then, he invites her to play games in the arcade!
4. What do the noise canceling headphones do for Thea? How does playing in the sensory room help relieve her overstimulation?
 - The noise canceling headphones block out sound. The sensory room provides a private, quiet and calm environment as well as providing sensory toys (ex: pop its, fidget spinners, etc.) Sensory toys are a common way to relieve sensory overload.
5. What can you do to support a friend when they're having an episode like Thea did in the story?
 - Play alongside your friend until they are ready to engage in play with you. Just being there for a friend when they are experiencing this is enough and a great way to show support.
6. It's normal to feel uncomfortable or out of place sometimes. Have you ever felt this way in a situation?
 - Although they might not have Sensory Processing Disorder, it can be helpful to brainstorm with students about things that are difficult for them so they can better connect with Thea.